

# NEWSLINE

North Primary School and Nursery

A Town Centre School with a Strong Community Ethos

March 2017  
Issue 1



## Countdown to Half Marathon Sunday 12th March



The day is drawing closer and the months of training and dedication will soon be put to the sternest of tests. Pictured below are some of the team. Some are veterans. This is our fourth year of entering a team and Mr. Armitage has started in every race. He is hoping to beat his last year's time of 1 hour 25 minutes and get closer to his PB of 1 hour 15 minutes. Kristine Pundure ran last year for the first time completing the race in a very impressive 2 hours 19 minutes. For some it is their first attempt at this distance. Claire Abraham is taking part in the Three Peaks Challenge in the summer and this event is part of her preparation.

The school is helping the event in other ways. Staff and governors are helping out as marshals on the route. Last year lots of families lined the route and supported the runners. Please come out on Sunday morning and cheer them on. Crowd encouragement is so helpful.

Also please encourage your friends and workmates to sponsor our runners - visit mydonate via our website. Read the lovely messages and help make this year another great year for the half marathon team and Free For All.

Pictured clockwise from left Christopher Rookyard with Arthur, Claire Abraham with Harry and Lily, Louis Jennings, Kristine Pundure with Marco, Mark Armitage, Ania Moroz. The other runners who were not available for this photo are: Debbie Ames, Lisa Catchpole, Kevin Mooney, Agnita Sparnina, Mark Farmer, Alan Price, Scott Parker, Gavin Francis, Tom Sancassani, Matthew Barnard and Ben Turnbull.

Sponsor our team now on <https://mydonate.bt.com/events/freeforall2017/405841>





Congratulations to (pictured right, clockwise from bottom left) Charlie, Ruby, Olivier, Owen, Shayden, Sam and Eva. Their hard work was rewarded with an invitation to a Tea Party. Their parents came too and we all squeezed into the Community Room. It was great fun. Charlie now thinks that all Headteachers do is eat cake and play games all day!



## Early Help

for families with young children  
Age 0-11 years old

### Referrals

To make a request for support in North Essex please download the referral form from the y.e.s. website  
<http://www.yesouthenquiryservice.org/>  
Send by email to: [clinicaladmin@kidsinspire.org.uk](mailto:clinicaladmin@kidsinspire.org.uk)  
Or Send by post to: Kids Inspire HQ, Fox Crescent, Chelmsford, CM1 2BN  
Or call us on: 01245348707 or Mobile: 07592502599

All help is delivered by appropriately qualified experienced practitioners.

Individual work with parents and children.  
Empowering parents and increasing their confidence to build positive relationships with their children.



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### "I Notice Wonderful Things Around Me."

This term our assembly theme has been **Birds**: learning how they feature in religion, fable and culture; as well as the joy they bring to everyday life. The children have been told about the wonderful work of the RSPB. Their website - [www.rspb.org.uk](http://www.rspb.org.uk) - is full of interesting information and activities. This time of year is a great time to stop for a moment and just look. In gardens and in parks; at Mersea and other coastal areas and of course Abberton, birds are busy arriving because it is getting warmer, leaving because it is not cold enough, nest building ready to lay eggs. How many birds can you identify this weekend?

### Worried about your child?

Young Minds offer a free, confidential online and telephone support service to any adult worried about the emotional problems, mental health or behaviour of a child or young person.

You can call the helpline on 0808 802 5549 or visit the website ([www.youngminds.org.uk](http://www.youngminds.org.uk)). There you will find a Worried about your Child? guide in the For Parents section. The guide includes information and advice about a whole range of issues including anger, aggression and violence; anxiety; bereavement; family relationships; internet and mobile phone use; self-esteem and sleep problems.

The website also offers a helpful 'parents' survival guide'.

Mrs Jasper, SENCO

### DATES FOR TERM

Sunday 12th March	Colchester Half Marathon
Tuesday March 21st	Open Afternoon
Friday 24th March	NSA Spring Fair
Friday 31st March	Last day of Spring Term - <b>EASTER PARADE</b>
Tuesday 18th April	First day of Summer Term
Friday 26th May	Last day of half term
Tuesday 6th June	Return to school
Friday 21st July	End of school year
Monday 4th September	Year 6 go to Weymouth
Wednesday 6th September	Autumn Term begins