

# JAMAICA MOTTO: "OUT OF MANY, ONE PEOPLE"







## THE FLAG OF JAMAICA



Jamaica's flag is comprised of **a black, green and gold background**, with a yellow diagonal cross dividing it into four triangles. The cross is a symbol of hope and unity.

The flag is also said to represent the island's beauty with black symbolising the strength and creativity of the people. Gold showing the natural beauty of sunlight that the country has. Lastly green represents hope and agriculture.

## MAP OF JAMAICA



1.Jamaica is made up of 14 parishes ,and 3 counties. My Grandad is from the Clarendon parish.

2.The population of Jamaica is 2,6 million.

3.Jamaica spans 10,990 square kilometres [4,240]square miles]

4.It would take 1/4/16 hours, 398 miles using the main roads to cover the island of Jamaica.





#### 1. Jamaica is the 3<sup>rd</sup> biggest island in the Caribbean.

2. Jamaica has a range of mountain ranges.

3.Jamaica became an independent country in 1962.

4.Jamaica is home to one of the largest butterflies in the world.

5.The author Ian Fleming wrote all his James bond thrillers in Jamaica.

## FACTS ABOUT JAMAICA



1.Usain Bolt was born in 1986 and he is a sprint runner who is considered the fasted person in history. He is the only person yet to hold records in both 100 meters and 200 meters.

Bob Marley



Bob Marley was born in 1945 and died in 1981. He is best known for writing and singing Reggae music. His best known songs are "stand up, get up" and "No woman , no cry" that are known wide world.

## FAMOUS JAMAICANS

Kingston is the capital of Jamaica and the **biggest** city of Jamaica. Kingston is located on the southeastern coast of the island. Kingston is also home to a International Airport called Norman Manley.

## KINGSTON

### The Heartbeat of Jamaica

## CAPITAL CITY



The port of Kingston in 2004



Flag















#### TRADITIONAL JAMAICAN FOOD

- Ackee and Saltfish is the national dish of Jamaica and usually served as a breakfast and main meal with fried dumplings, white rice or hard food.
- Jamaican Patties are a flaky golden pastry filled with either beef, lamb, chicken or vegetables and then mixed with turmeric and spices. They can be made at home or purchased from a supermarket or Caribbeap takeaway.
- Curry Goat 3.
- **Rice and Peas** 4.
- 5.
- 6.

## WINDRUSH

On 22<sup>nd</sup> June 1948, the Empire Windrush docked at Tilbury Essex; bringing Jamaican/ Caribbean people to help rebuild England after World War 2. They were promised a better life in England and pavements paved with gold.

However, they were met with racism and prejudice upon their arrival. Despite this they continued to pursue a better life and found work in a variety of industries, including transport, nursing, teaching and the military forming tight knit and vibrant communities , which still remain today. The Windrush experience highlights the struggles of migrants and their determination to succeed despite the odds. It is a testament of their strength of character , of which they can be proud.





## NOTTING HILL CARNIVAL 2022 28<sup>TH</sup> AUGUST



