



*Hej im darcie detta är min församling
i sverige*



Hi I'm Darcie this is my assembly on Sweden

Sweden





In Sweden, in spring and autumn, the Northern Lights appear in the sky. Did you see the purple, green and blue streaks roaming through the late night sky on Friday? You could see it in Colchester. The Northern lights haven't come to this area since 1932!



Sweden is 977 miles long, which is 1572 kilometres long. The area is 173,860 square miles, which is 450,295 square kilometres. Sweden borders Norway and Finland.

The population of Sweden is 10,040,995, over 10 million for the first time ever!

*The capital of Sweden is Stockholm.
A medieval old town in Sweden is Gamla Stan.*





Hej! Welcome to Sweden... With its thousands of coastal islands and inland lakes, Sweden is certainly the place for fun.



Day to day life

Swedes tend to value personal space and privacy, but they also place a high value on socializing with friends and family. The popular Swedish tradition known as fika, a coffee break that usually involves pastries or cake while socializing with coworkers or friends, demonstrates the importance of socialization.

The average wake up time for Swedes is between 7:19am and 7:22am. They get up early to get ready and leave the house early for work or school.

They make their breakfast, eat it and clean their bodies, then they get dressed, do their hair, teeth, then leave the house, normally to get on a train to Stockholm if you are going to work or school.

Religion



In Sweden, there are a variety of different religions.

Christian  = 59.6%

Islam  = 2.1%

Buddhism  = 0.12%

Food



1. *Lingonberries go with anything. Just like ketchup and mustard, lingonberry jam is widely used to accompany a variety of dishes, from meatballs and pancakes to porridge and black pudding (blodpudding).*

But despite its sweetness, it is rarely used on bread. Thanks to the right of public access (allmansrätten) which gives everyone the freedom to roam and enjoy nature, many Swedes grow up picking lingonberries in the forest, and using these tiny tart red fruits to make a jam-like preserve. 2. *Pickled herring- centre of the smorgasbord. You might swap meatballs (köttbullar) for mini sausages (prinzkorvar) or pick cured salmon (gravlax) rather than smoked, but your smorgasbord wouldn't be complete without pickled herring (sill). This delicious favourite remains the basis of every typical Swedish buffet. Swedes have been pickling since the Middle Ages, mainly as a way of preserving the fish for storage and transportation. Pickled herring comes in a variety of flavours - mustard, onion,*

garlic and dill, to name a few - and is often eaten with boiled potatoes, sour cream, chopped chives, sharp hard cheese, sometimes boiled eggs and, of course, crisp bread. 3. *Crisp bread- what's your favourite topping? In addition to bread and butter, you will often find a type of crispbread (knäckebröd) served alongside your main meal. This is what the Swedes tend to reach for. Once considered poor man's food, crispbread has been baked in Sweden for over 500 years, can last for at least a year if stored properly, and remains among the most versatile edible products. Crispbread comes in various shapes, thicknesses and flavours, with entire store shelves devoted to it. It can be topped with anything from sliced boiled eggs with tube caviar (breakfast) to ham, cheese and cucumber slices (lunch) to just plain butter as a side dish (dinner).*



Lingonberries



Pickled herring.



Crispbread

Desserts



Lussekatt- Saffron buns with a raisin on both ends



Pepparkakor- Crispy cookie made from ginger, sugar, molasses and cardamon



Prinsesstarta- Sponge cake filled with jam and cream, covered with marzipan



Ostkaka- Pudding made from rennet- curded milk, flavoured with bittersweet almonds



Swedish attire



Here are 4 examples of a typical day-to-day outfit for a Swedish person:



Woman

Man

Fun facts!

IKEA is Swedish.

The famous singers, ABBA, Avicii and Loreen are Swedish.

The Nobel Prize was founded in Sweden.

Jag hoppas att du tyckte om att lära dig om Sverige och dess folk. ha en bra dag!





Thank you, Darcie,
for a wonderful
assembly