

# Forest School at North Primary School and Nursery

Hello, I am Mrs Olley, the Level 3 qualified Forest School Leader at North. I offer Forest School sessions to children in years 1– 6 throughout the school year and Reception use this area for their outdoor learning once a week with their teachers.



At North Primary and Nursery we believe that every child thrives when they connect with nature. Our Forest School programme offers hands-on, child-led outdoor learning experiences that nurture curiosity, creativity, and confidence. Forest School takes place on the school site in Wood's Wood over a period of sessions, which allows the children to develop resilience, problem solving skills and learn how to take calculated risks.

In these sessions, your child will do activities such as:

- \* Den building and other structures to enrich imaginative play
- \* Explore the awe and wonder around them in scavenger hunts and adventure
- \* Natural crafts, with leaves, trees, conkers, clay and pine cones
- \* Use a variety of tools such as drills, saws, peelers and hammers
- \* Campfires and cooking

Forest School takes place all year round, no matter the weather, so it is important that children come to these sessions with the correct clothing.

Summer/Spring: Sun hat, outdoor PE kit, waterproof jacket, wellingtons and sun cream.

Autumn/Winter: Woolly hat, gloves, scarf, outdoor PE kit (jogging bottoms), waterproof trousers and coat, warm socks and wellingtons.



**Resources :** If you would like to donate any resources to Forest School then please speak to the office or myself. We would love tyres, large wooden electrical cable reel, metal cups, pan, utensils, large wooden logs or planks, wellington boots size 3 and up.